**PSHE CURRICULUM – Whole School Yearly Overview**

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| **APPENDIX A** | **Relationships and Individuality** | | **Health, Wellbeing and Safety** | | **Living in the Wider World, Community and Growing Up** | |
| TEACHING PERIOD | AUTUMN 1 | AUTUMN 2 | SPRING1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| **YEAR 1** | Who is special to us? | What is the same and different about us? | Who helps to keep us safe? | What helps us stay healthy? | What can we do with money? | How can we look after each other and the world? |
| **YEAR 2** | What makes a good friend? | What is bullying? | What helps us to stay safe? | What helps us grow and stay healthy? | What jobs do people do? | How do we recognise our feelings? |
| **YEAR 3** | How can we be a good friend? | What are families like? | What keeps us safe? | What is a healthy lifestyle | What hygiene and good habits keep us healthy? | What makes a community? |
| **YEAR 4** | What strengths/skills/ interests do we have? | How do we treat each other with respect? | How can we manage risk in different places? | How can we manage our feelings? | What jobs would we like? | How can our choices make a difference to others and the environment? |
| **YEAR 5** | How will we grow and change | What makes up a person’s identity? | How can friends communicate safely? | How can drugs common to everyday life affect health? | What decisions can people make with money? | How can we help in an accident or emergency? |
| **YEAR 6** | How do friendships change and how can they support our mental wellbeing? | What different relationships and families are there? | How does the media influence us; how can we stay safe and trust what we see online? | How can we keep healthy and look after our mental health as we grow? | | Growing and changing; life skills |